ABUSIVE BEHAVIOR INVENTORY

Client	No. 1	Client	No. 2	ADOSIVE DEIM VIOLENTORI
	Now	Past		PHYSICAL ABUSE
				Block the way, stand in doorway
				Hold captive, keep from leaving the house
				Lock out of shared home
				Refuse to help sick, injured, or pregnant partner
				Abandon partner in a dangerous place
				Push or shove
				Grab or hold
				Pin to floor, bed, wall
				Throw down or knock down
				Slap
				Hit with fist
				Twist arm
				Pull hair
				Kick
				Bite
				Pinch
				Pull hair
				Butt heads
				Choke, put hands to throat
				Throw objects at partner
				Hit with an object
				Hit, shove, or kick pregnant partner
				Use a weapon to hurt or threaten
				Cause bruises, cuts, black eyes
				Cause broken bones
				Cause impaired vision or hearing
				Burn or scald
				Cause hospitalization
				Injure or disfigure permanently
				Prevent from receiving medical care
				Kill or attempt to kill
				VERBAL ABUSE
				Scream or holler
				Use foul language
				Call names
				Put partner down, say demeaning things
				Criticize frequently or continually
				Make fun of a disability or shortcoming
				Make jokes at partner's expense
				Ridicule or insult partner
				Create fear with your voice
				Yell in partner's face ("nose to nose")
				Manipulate with lies and contradictions
				Insult or drive away partner's family or friends
				Ridicule or insult partner's religion, heritage, race, class, beliefs
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EMOTIONAL ABUSE

Domination Act like the boss
Try to tell partner what he/she can or can't do
Force partner to do things against his/her will
Treat partner as less than your equal
 Make important decisions without consulting partner
 Refuse to do your share of chores
 Intimidation
Prevent or impede movement
 Use physical size to frighten
 Create fear with actions, gestures, and facial expressions
Remind partner of ability to hurt him/her
Drive recklessly to frighten
Have weapons your partner is afraid of
Threaten regularly to leave or to make partner leave the relationship
Threaten to hurt partner's family or friends
Threaten to take away children
 Threaten to hit, hurt, or abuse children
 Threaten to hit, hurt, or abuse partner
 Threaten to kill partner
 Threaten to hurt or kill yourself
<u>Humiliation</u>
 Ridicule or ignore feelings
 Ridicule or embarrass in public
 Ridicule or embarrass in private
 Force to do demeaning or degrading things
 Talk about an affair (real or invented) to hurt partner
<u>Harassment</u>
 Refuse to leave partner alone
 Follow around the house
 Stalk partner
 Accuse partner of being unfaithful
<u>Isolation</u>
 Prevent or discourage partner from seeing family or friends
 Refuse to let partner leave the house
 Refuse to let partner go to work or school
 Take away car keys or money
 Refuse to socialize with partner
 Refuse to let partner be alone in public
 Monitor partner, interrogate about where he/she has been
<u>Withdrawal</u>
 Withhold approval, appreciation, or affection to punish
 Withhold sex to punish
 Sulk angrily to get even
<u>Self-destruction</u>
 Hit or injure yourself
 Place yourself in dangerous situations
 Attempt suicide

	Using the children Turn children against partner Use visitation to harass partner Punish or deprive children when angry at partner					
	Destruction of property and pets Threaten to destroy property Drop plants or dishes Break a window Punch or kick a wall, door, doorjamb, etc. Slam doors Smash objects (TV, stereo, phone, remote control) Destroy something of emotional significance Threaten to harm a pet Neglect, harm, or kill a pet					
	Express intense jealousy Tell demeaning sexual jokes Treat others as sex objects Show sexual interest in others when with partner Have an affair when you agreed to be monogamous Minimize importance of partner's feelings about sex Criticize sexual performance or frequency Insist that partner dress more seductively or less seductively Insist on unwanted touching or other sexual activity Threaten to retaliate if partner isn't interested in sex Force partner to watch pornography Force your partner into sexual activity					
	FINANCIAL ABUSE Completely control the finances Refuse to let partner have his/her own checkbook Make partner ask for money Threaten to hurt partner financially Take money or steal property Threaten to withdraw financial support Refuse to pay your share of bills as agreed					
	LEGAL SYSTEM ABUSE Violate a restraining order Violate a child custody agreement Lie about partner to police or in court					
FIRST INCIDENT:						
LAST INCIDENT:						
WORST INCIDENT:						